



## **Hearts for Health Virtual Shadowing**

**Any questions?** Contact us at [shadowing.h4h@gmail.com](mailto:shadowing.h4h@gmail.com)

### **How Shadowing Credit Works:**

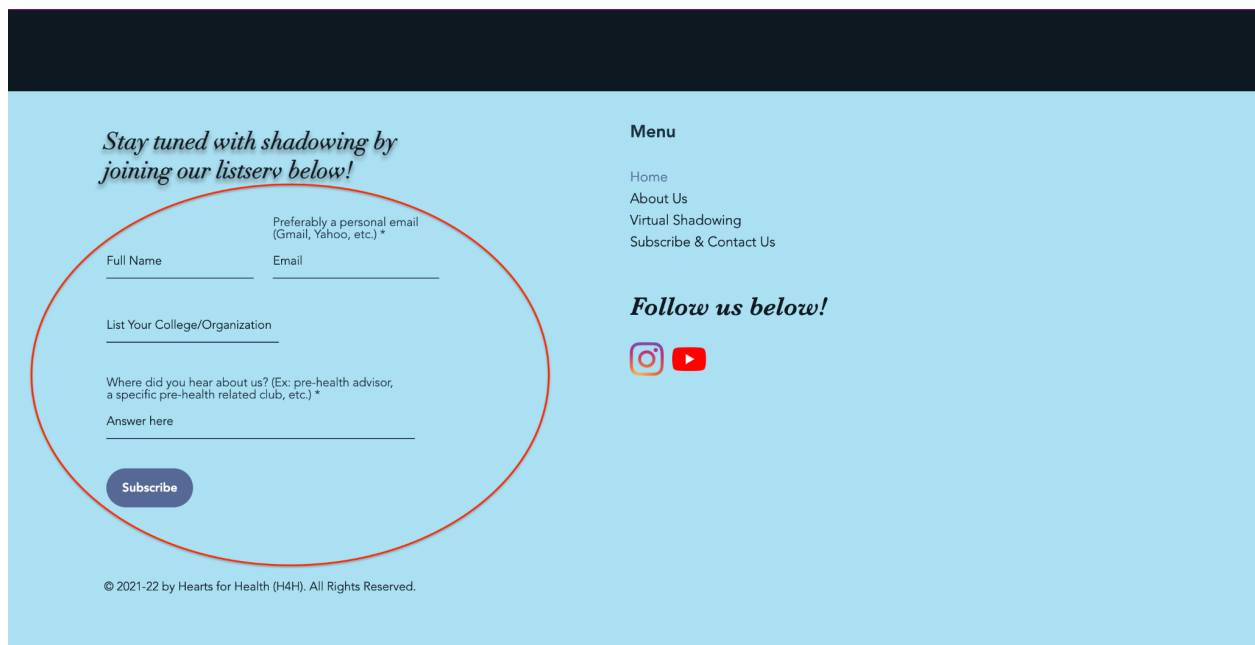
- Shadowing sessions are live streamed on YouTube (link below under “Socials”)
- **Session length:** usually 1 hour
  - Includes a ~20 min Q&A
  - You can ask questions via the livestream chat box
- Shadowing hours are recorded via certificates
- Certificates are earned through passing quizzes
- **Passing score:** 60% or higher
- **Quiz deadline:** 6 days after the shadowing session @ 11:59pm CT
  - For example:
    - **Monday session quizzes: due the following Sunday at 11:59pm CT**
    - **Thursday session quizzes: due the following Wednesday at 11:59pm CT**
- **Where are quizzes posted?** Available in 2 places: in the YouTube livestream chat and on our “Virtual Shadowing” webpage (once on the page, scroll down to “Shadowing Quiz-Dr. \_\_\_\_” with the applicable speaker’s name filled in)
- **Certificate info:**
  - Certificates are granted per session & sent to the email that you listed on the quiz
  - **Certificates include:** your name, total session hour(s), the speaker’s name, & the session date
  - Here’s an example of what a certificate looks like:



- You are responsible for keeping record of their total shadowing hours. Hearts for Health does not track total shadowing hours per student.

How to be added to our email listserv:

- Email listserv has weekly announcements on upcoming sessions & resources
- Subscription form at the bottom of any of our site's pages (circled below):



- Alternatively, you can email [shadowing.h4h@gmail.com](mailto:shadowing.h4h@gmail.com) with your name & email address asking to subscribe

Socials:

- Instagram (stay tuned with posts on future shadowing sessions & more!): [https://www.instagram.com/hearts\\_4\\_health/](https://www.instagram.com/hearts_4_health/); handle is **@hearts\_4\_health**

- Website (where you can learn more about Hearts for Health):  
<https://hearts4health.wixsite.com/hearts4health>
- YouTube (where you can view past and future live streams):  
<https://www.youtube.com/c/HeartsforHealth>